



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Senior Activities

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chair Volleyball 10:30-11:30am	2	3
4	5 Cards with Friends 10:30am-12pm	6 Senior Talk 12:30pm	7	8 Chair Volleyball 10:30-11:30am	9 Book Club 12-1pm	10
11	12 Cards with Friends 10:30am-12pm	13 Senior Talk 12:30pm	14	15 Chair Volleyball 10:30-11:30am	16 Senior Birthday Bash 10:30-11:30am	17
18	19 Cards with Friends 10:30am-12pm	20 Senior Talk 12:30pm	21	22 Chair Volleyball 10:30-11:30am	23 Craft 10:30-11:30am	24
25	26 Cards with Friends 10:30am-12pm	27 Senior Talk 12:30pm	28	29 Chair Volleyball 10:30-11:30am	30	31