



YOUTH DEVELOPMENT  
HEALTHY LIVING  
SOCIAL RESPONSIBILITY

# COMP POOL SCHEDULE- Lap Swim

## Oct 4- Oct 24, 2026

**Note:** Schedule subject to change (see below for more info).

**Lap Swim-** Available lap lanes shown. Lap lanes are to be shared when people are waiting.

**Pool Availability Changes:** HS Swim Team Season Starts Friday Oct 23

**Lifeguard Inservice – Oct. 5, Oct. 17 (2-4), Oct. 22, Oct. 25 (10-2) Lanes 1-2 Closed all dates**

**Oct 24- Y Swim Meet- pool closed 11a-5:30p- HS Swim practice starts- no lanes available 7-11am**

| SUNDAY                                                                                  | MONDAY                                                          | TUESDAY                                                                                 | WEDNESDAY                                       | THURSDAY                                                            | FRIDAY                                                                                     | SATURDAY                                                        |
|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| CLOSED                                                                                  | 5:30-7:00a<br>HS Stroke Clinic<br>Limited Lanes                 | 5:15-9:00am Lap<br>Swim<br>Lanes 1-8                                                    | 5:30-7:00a<br>HS Stroke Clinic<br>Limited Lanes | 5:15-9:00a<br>Lap Swim<br>Lanes 1-8                                 | 5:15-1:00<br>Lap Swim<br>Lanes 1-8                                                         | CLOSED<br>(closed all day<br>Oct 24 )                           |
|                                                                                         | 7:00am-5:45pm<br>Lap Swim<br>Lanes 1-8                          | 9:00-10:00a<br>Lap Swim<br>Lanes 1-5<br>Deep Jog Class<br>Lanes 6-8                     | 7:00a-6:30pm<br>Lap Swim<br>Lanes 1-8           | 9:00-10:00a<br>Lap Swim<br>Lanes 1-5<br>Deep Jog Class<br>Lanes 6-8 |                                                                                            | 7:00-10:00a<br>Lap Swim<br>Lanes 1-8                            |
| 10:00a-1:00p<br>Lap Swim<br>Lanes 1-8                                                   |                                                                 | 10:00a-4:30p<br>Lap Swim<br>Lanes 1-8                                                   |                                                 | 10:00-11:00a<br>Lap Swim<br>Lanes 1-4<br>High School<br>Lanes 5-8   |                                                                                            |                                                                 |
| 10:15-3:30p<br>Lap Swim<br>Lanes 1-8                                                    |                                                                 |                                                                                         | 3:30<br>POOL CLOSED                             | 1:00-3:00p<br>POOL CLOSED                                           | 11:00-12:00p<br>Lap Swim<br>Lanes 2-3<br>Swim Lesson<br>Lane 1<br>Y Swim Team<br>Lanes 4-8 |                                                                 |
| 5:45p-6:30p<br>Lap Swim<br>Lanes 2-8<br>Swim Lessons<br>Lane 1                          |                                                                 | 3:00-4:30<br>Lap                                                                        |                                                 |                                                                     | 12:00-1:00p<br>Lap Swim<br>Lanes 1-3<br>Y Swim Team<br>Lanes 4-8                           |                                                                 |
|                                                                                         |                                                                 | 4:30-6:00pm HS<br>Stroke Clinic<br>No Lanes                                             |                                                 | 6:00p-8:30p<br>Lap Swim<br>Lanes 1-2<br>Y Swim Team<br>Lanes 3-8    | 3:00-6:30p<br>Lap Swim<br>Lanes 1-8<br>HS Swim season<br>starts Oct 23-<br>no lanes        | 1:00-5:30p<br>Lap Swim<br>Lanes 1-8                             |
|                                                                                         |                                                                 | 6:30-7:00pm<br>Lap Swim<br>Lane 2<br>Swim Lessons<br>Lane 1<br>Y Swim Team<br>Lanes 3-8 |                                                 |                                                                     |                                                                                            | 6:30-8:30p<br>Lap Swim<br>Lanes 1-2<br>Y Swim Team<br>Lanes 3-8 |
| 6:30-7:00pm<br>Lap Swim<br>Lane 2<br>Swim Lessons<br>Lane 1<br>Y Swim Team<br>Lanes 3-8 | 7:00-8:30p<br>Lap Swim<br>Lanes 1-2<br>Y Swim Team<br>Lanes 3-8 |                                                                                         |                                                 |                                                                     |                                                                                            |                                                                 |
| 8:30 PM POOL CLOSED                                                                     |                                                                 |                                                                                         |                                                 |                                                                     |                                                                                            |                                                                 |

### Safety Rules

- Requirement for kids 6-13 years old to take a deep-water test. Can be given to people older than 13 if there is a concern about the person's swim ability (guard's discretion). **Test only given by down guard when available.**
- During open times, adults must be in the water with any children that need lifejackets or puddle jumpers. Kids with lifejackets or puddle jumpers are NOT ALLOWED in the deep end. Children under the age of 10, if they have not passed the deep-water test, an adult must be in the water with them.



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# REC POOL SCHEDULE

## Oct 4-Oct 31, 2026

Note: Schedule subject to change.

| SUNDAY                                                                                                                                                                                                                                                                                                                            | MONDAY                                                                                                                                                                                                                                                                                                                                   | TUESDAY                                       | WEDNESDAY                                                       | THURSDAY                                                  | FRIDAY                                                          | SATURDAY                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| CLOSED                                                                                                                                                                                                                                                                                                                            | 5:15-7:30<br>Adult Lap                                                                                                                                                                                                                                                                                                                   | 5:15-7:30<br>Adult Lap                        | 5:15-7:30<br>Adult Lap                                          | 5:15-7:30<br>Adult Lap                                    | 5:15-7:30<br>Adult Lap                                          | 7:00-8:00<br>Adult Open                                                                      |
|                                                                                                                                                                                                                                                                                                                                   | 7:30-9:00<br>Adult Open                                                                                                                                                                                                                                                                                                                  | 7:30-9:00<br>Adult Open                       | 7:30-9:00<br>Adult Open                                         | 7:30-9:00<br>Adult Open                                   | 7:30-9:00<br>Adult Open                                         | 8:00-8:45<br>Water Fitness                                                                   |
|                                                                                                                                                                                                                                                                                                                                   | 9:00-9:45<br>Water Fitness                                                                                                                                                                                                                                                                                                               | 9:00-9:45<br>Water Fitness-Strength           | 9:00-9:45<br>Water Fitness                                      | 9:00-9:45<br>Water Fitness-Strength                       | 9:00-9:45<br>Water Fitness                                      | 9:00-12:00<br>Swim Lessons                                                                   |
| 10:15-3:30<br>Open Swim<br><br>(No basketball until 12pm)                                                                                                                                                                                                                                                                         | 10:00-10:45<br>Arthritis                                                                                                                                                                                                                                                                                                                 | 10:00-10:45<br>Arthritis                      | 10:00-10:45<br>Arthritis                                        | 10:00-10:45<br>Water Fitness-Functional                   | 10:00-10:45<br>Arthritis                                        |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | 11:00-12:00<br>Open Swim                                                                                                                                                                                                                                                                                                                 | 11:00-11:45<br>Aqua Yoga/Pilates              | 11:00-12:00<br>Open Swim                                        | 10:40-11:45am<br>P/C and PS lessons<br>*bench area closed | 11:00-12:00<br>Open Swim                                        |                                                                                              |
| 3:30<br>Pool/ Sauna/<br>Steam<br>CLOSED                                                                                                                                                                                                                                                                                           | 12:00-1:00<br>Adult Open/ Lap<br>12:30-1:15<br>Adult volleyball                                                                                                                                                                                                                                                                          | 12:00-2:00<br>Open Swim                       | 12:00-1:00<br>Adult Open/ Lap<br>12:30-1:15<br>Adult volleyball | 11:00*-4:30<br>Open Swim                                  | 12:00-1:00<br>Adult Open/ Lap<br>12:30-1:15<br>Adult volleyball | 12:00-3:00<br>Open Swim                                                                      |
|                                                                                                                                                                                                                                                                                                                                   | 1:00-2:00<br>Open Swim                                                                                                                                                                                                                                                                                                                   | 2:00 – 3:00<br>Pool/Sauna/<br>Steam<br>CLOSED | 1:00-2:00<br>Open Swim                                          |                                                           | Open<br>1:00-2:00                                               |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | 2:00-2:45<br>Arthritis                                                                                                                                                                                                                                                                                                                   |                                               | 2:00-2:45<br>Arthritis                                          |                                                           | 2:00-2:45<br>Arthritis                                          | 3:00-4:00<br>Pool Closed<br>Pool Closed -<br>Party Rentals<br>(open if no rental-call ahead) |
|                                                                                                                                                                                                                                                                                                                                   | 3:00-4:15<br>Open Swim                                                                                                                                                                                                                                                                                                                   |                                               | 3:00-4:15<br>Open Swim                                          |                                                           | 3:00-4:15<br>Open Swim                                          | 3:00-5:15<br>Open Swim                                                                       |
|                                                                                                                                                                                                                                                                                                                                   | 4:30-7:00<br>Swim Lessons                                                                                                                                                                                                                                                                                                                | 4:30-7:00<br>Swim Lessons                     | 4:30-7:00<br>Swim Lessons                                       | 4:30-7:00<br>Swim Lessons                                 | 5:30-6:30<br>Swim Team                                          | 4:00-5:30<br>Open Swim                                                                       |
|                                                                                                                                                                                                                                                                                                                                   | 7:10- 7:55<br>Water Fitness                                                                                                                                                                                                                                                                                                              | 7:10-7:55<br>Aqua Drumming                    | 6:30-7:10<br>Swim Team<br>7:15- 8:00<br>Water Fitness           | 7:10-7:55<br>Aqua Yoga/Pilates                            | 6:40-8:30<br>Open Swim                                          | 5:30<br>Pool/<br>Sauna/<br>Steam<br>CLOSED                                                   |
|                                                                                                                                                                                                                                                                                                                                   | 8:00-8:30<br>Open Swim                                                                                                                                                                                                                                                                                                                   | 8:00-8:30<br>Open Swim                        | 8:05-8:30<br>Open Swim                                          | 8:00-8:30<br>Open Swim                                    |                                                                 |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | 8:30 Pool/Sauna/Steam CLOSED                                                                                                                                                                                                                                                                                                             |                                               |                                                                 |                                                           |                                                                 |                                                                                              |
| Open Swim Policy: Parent (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deep area without a parent. |                                                                                                                                                                                                                                                                                                                                          |                                               |                                                                 |                                                           |                                                                 |                                                                                              |
| Shading                                                                                                                                                                                                                                                                                                                           | Times shaded in blue means the WHOLE pool is closed for the program/rental.                                                                                                                                                                                                                                                              |                                               |                                                                 |                                                           |                                                                 |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | Times shaded in green means main pool area is closed for programming. Members may use the smaller area with the bench and the play-feature area (but will not be turned on) during these times. We just ask that members be respectful of the noise level during these times as to not disturb the program in the main part of the pool. |                                               |                                                                 |                                                           |                                                                 |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | Times shaded in yellow means areas of the pool are closed during that time to members.                                                                                                                                                                                                                                                   |                                               |                                                                 |                                                           |                                                                 |                                                                                              |
|                                                                                                                                                                                                                                                                                                                                   | The Pool will be closed on October 27 for Aqua Glow Drumming from 7:00-8:00 PM                                                                                                                                                                                                                                                           |                                               |                                                                 |                                                           |                                                                 |                                                                                              |