



YOUTH DEVELOPMENT +
HEALTHY LIVING
SOCIAL RESPONSIBILITY

REC POOL SCHEDULE

Oct 4-Oct 31, 2026

Note: Schedule subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	7:00-8:00 Adult Open
	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	8:00-8:45 Water Fitness
	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	9:00-9:45 Water Fitness	9:00-12:00 Swim Lessons
10:15-3:30 Open Swim (No basketball until 12pm)	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Water Fitness- Functional	10:00-10:45 Arthritis	
	11:00-12:00 Open Swim	11:00-11:45 Aqua Yoga/Pilates	11:00-12:00 Open Swim	10:40-11:45am P/C and PS lessons *bench area closed	11:00-12:00 Open Swim	
3:30 Pool/ Sauna/ Steam CLOSED	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	12:00-2:00 Open Swim	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	11:00*-4:30 Open Swim	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	12:00-3:00 Open Swim
	1:00-2:00 Open Swim	2:00 – 3:00 Pool/Sauna/ Steam CLOSED	1:00-2:00 Open Swim		Open 1:00-2:00	
	2:00-2:45 Arthritis		2:00-2:45 Arthritis		2:00-2:45 Arthritis	3:00-4:00 Pool Closed Pool Closed - Party Rentals (open if no rental- call ahead)
	3:00-4:15 Open Swim		3:00-4:15 Open Swim		3:00-4:15 Open Swim	3:00-5:15 Open Swim
	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons	5:30-6:30 Swim Team	
	7:10- 7:55 Water Fitness	7:10-7:55 Aqua Drumming	6:30-7:10 Swim Team	7:10-7:55 Aqua Yoga/Pilates	6:40-8:30 Open Swim	
			7:15- 8:00 Water Fitness			
	8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:05-8:30 Open Swim	8:00-8:30 Open Swim		
	8:30 Pool/Sauna/Steam CLOSED					
Open Swim Policy: Parent (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deep area without a parent.						
Shading	Times shaded in blue means the WHOLE pool is closed for the program/rental.					
	Times shaded in green means main pool area is closed for programming. Members may use the smaller area with the bench and the play-feature area (but will not be turned on) during these times. We just ask that members be respectful of the noise level during these times as to not disturb the program in the main part of the pool.					
	Times shaded in yellow means areas of the pool are closed during that time to members.					
	The Pool will be closed on October 27 for Aqua Glow Drumming from 7:00-8:00 PM					



YOUTH DEVELOPMENT*
HEALTHY LIVING
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COMP POOL SCHEDULE- Lap Swim

Oct 4- Oct 24, 2026

Note: Schedule subject to change (see below for more info).

Lap Swim- Available lap lanes shown. Lap lanes are to be shared when people are waiting.

Pool Availability Changes: HS Swim Team Season Starts Friday Oct 23

Lifeguard Inservice – Oct. 5, Oct. 17 (2-4), Oct. 22, Oct. 25 (10-2) Lanes 1-2 Closed all dates

Oct 24- Y Swim Meet- pool closed 11a-5:30p- HS Swim practice starts- no lanes available 7-11am

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:30-7:00a HS Stroke Clinic Limited Lanes	5:15-9:00am Lap Swim Lanes 1-8	5:30-7:00a HS Stroke Clinic Limited Lanes	5:15-9:00a Lap Swim Lanes 1-8	5:15-1:00 Lap Swim Lanes 1-8	CLOSED (closed all day Oct 24)
	7:00am-5:45pm Lap Swim Lanes 1-8	9:00-10:00a Lap Swim Lanes 1-5 Deep Jog Class Lanes 6-8	7:00a-6:30pm Lap Swim Lanes 1-8	9:00-10:00a Lap Swim Lanes 1-5 Deep Jog Class Lanes 6-8		7:00-10:00a Lap Swim Lanes 1-8
10:15-3:30p Lap Swim Lanes 1-8		10:00a-1:00p Lap Swim Lanes 1-8		10:00a-4:30p Lap Swim Lanes 1-8		10:00-11:00a Lap Swim Lanes 1-4 High School Lanes 5-8
3:30 POOL CLOSED		1:00-3:00p POOL CLOSED			1:00-3:00p POOL CLOSED	11:00-12:00p Lap Swim Lanes 2-3 Swim Lesson Lane 1 Y Swim Team Lanes 4-8
		3:00-4:30 Lap				12:00-1:00p Lap Swim Lanes 1-3 Y Swim Team Lanes 4-8
		4:30-6:00pm HS Stroke Clinic No Lanes		4:30-6:00pm HS Stroke Clinic No Lanes	3:00-6:30p Lap Swim Lanes 1-8 HS Swim season starts Oct 23- no lanes	1:00-5:30p Lap Swim Lanes 1-8
	5:45p-6:30p Lap Swim Lanes 2-8 Swim Lessons Lane 1	6:30-7:00pm Lap Swim Lane 2 Swim Lessons Lane 1 Y Swim Team Lanes 3-8	6:30-8:30p Lap Swim Lanes 1-2 Y Swim Team Lanes 3-8	6:00p-8:30p Lap Swim Lanes 1-2 Y Swim Team Lanes 3-8		
	6:30-7:00pm Lap Swim Lane 2 Swim Lessons Lane 1 Y Swim Team Lanes 3-8				6:30-8:30p Lap Swim Lanes 1-2 Y Swim Team Lanes 3-8	
	7:00-8:30p Lap Swim Lanes 1-2 Y Swim Team Lanes 3-8	7:00-8:30p Lap Swim Lanes 1-2 Y Swim Team Lanes 3-8				
8:30 PM POOL CLOSED						

Safety Rules

- Requirement for kids 6-13 years old to take a deep-water test. Can be given to people older than 13 if there is a concern about the person's swim ability (guard's discretion). **Test only given by down guard when available.**
- During open times, adults must be in the water with any children that need lifejackets or puddle jumpers. Kids with lifejackets or puddle jumpers are NOT ALLOWED in the deep end. Children under the age of 10, if they have not passed the deep-water test, an adult must be in the water with them.

October 2026

WATER EXERCISE CLASSES

Monday	Tuesday		Wednesday	Thursday		Friday	Saturday
9-9:45am Water Fitness In rec pool	9-9:45am Water Fitness/ Strength In rec pool	9:15-10am Aqua Jog In comp pool	9-9:45am Water Fitness In rec pool	9-9:45am Water Fitness/ Strength In rec pool	9:15-10am Aqua Jog In comp pool	9-9:45am Water Fitness In rec pool	8-8:45am Water Fitness In rec pool *no class Oct 3
10-10:45am Arthritis In rec pool	10-10:45am Arthritis In rec pool		10-10:45am Arthritis In rec pool	10-10:45am Water Fitness/Functional In rec pool		10-10:45am Arthritis In rec pool	
	11-11:45am Aqua Yoga/Pilates In rec pool						
2-2:45pm Arthritis In rec pool			2-2:45pm Arthritis In rec pool			2-2:45pm Arthritis In rec pool	
7:10-7:55pm Water Fitness In rec pool	7:10-7:55pm Aqua Drumming In rec pool		7:30-8:15pm Water Fitness- tabata In rec pool	7:10-7:55pm Aqua Yoga/Pilates In rec pool			

Aquatic Director: Shanti Blatnik
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