YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

REC POOL SCHEDULE

Aug 16- Aug 22, 2026

Note: Schedule subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	7:15-8:00 Adult Open
	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	8:00-8:45 Water Fitness
	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	900-9:45 Water Fitness	9:00-11:30 Adult Lap
10:15-11:30 Adult Lap	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Water Fitness- Functional	10:00-10:45 Arthritis	Playfeature and small area open
11:30-1:30 Open Swim (No basketball until 12pm)	11:00-11:30 Adult Swim Lessons Adult Open	11:00-11:45 Aqua Yoga/Pilates	11:00-12:00 Open Swim	11:00-3:00 Open Swim	11:00-12:00 Open Swim	11:30-3:30 Open Swim
1:30 Pool/ Sauna/ Steam CLOSED	12:00-1:00 **Adult Open/ Lap** 12:30-1:15 **Adult volleyball**	12:00-3:00 Open Swim	12:00-1:00 **Adult Open/ Lap** 12:30-1:15 **Adult volleyball**		12:00-1:00 **Adult Open/ Lap** 12:30-1:15 **Adult volleyball**	
	1:00-2:00 Open Swim		1:00-2:00 Open Swim		1:00-2:00 Open Swim	
	2:00-2:45 Arthritis		2:00-2:45 Arthritis		2:00-2:45 Arthritis	
	3:00-4:30 Open Swim	3:00-6:30 Open Swim	3:00-4:30 Open Swim	3:00-4:30 Open Swim	3:00-8:30 Open Swim	**3:30 Pool/ Sauna/ Steam CLOSED**
	4:30-7:00 Open Swim	6:30-7:00 Teen Swim Lessons	4:30-7:00 Open Swim	4:30-6:30 Angelfish/Adult Swim Lessons		
	7:15- 8:00 Water Fitness	7:15-8:00 Aqua Drumming	7:15- 8:00 Water Fitness	6:30-8:30 Open Swim		
	8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:00-8:30 Open Swim			
	8:30 Pool/Sauna/Steam CLOSED					

Open Swim Policy: Parent (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deep area without a parent.

Shading	
	Times shaded in blue means the WHOLE pool is closed for the program/rental.
	Times shaded in green means main pool area is closed for programming. Members may use the smaller area with the bench and the play-feature area (but will not be turned on) during these times. We just ask that members be respectful of the noise level during these times as to not disturb the program in the main part of the pool.
	Times shaded in yellow means areas of the pool are closed during that time to members.

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