



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

## JUNE 2026

This schedule is subject to change.

**Shaded Areas**

indicate program times where pool is closed.

**Adaptive Aquatics**

For individuals with special needs. Free to the community. Supervision required.

**Adult Lap Swim**

Circle swim directed by the Lifeguard on duty. Ages 18 & up.

**Teen Lap Swim**

Circle swim directed by the Lifeguard on duty. Ages 13-18. Adults welcome.

**Teen & Adult Lap Swim**

Circle swim directed by the Lifeguard on duty. Ages 13 & up.

**Open Swim**

Pool divided between shallow & deep end. Open to all.

**Deep Water Test**

Must be taken by anyone under 18 years of age to swim in the deep end.

**For your safety**

Children under 6 years old must have a parent in the water within arm's reach for the duration of open swim.

**Flotation Devices**

Use of non-Coast Guard approved flotation devices is strictly prohibited.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:15-7:50 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	7:15-9:00	
	8:10-9:00 Aquacise	8:15-9:00 Aqua HIIT	8:15-9:00 Aquacise	8:15-9:00 Aqua Kickboxing	8:15-9:00 Aquacise	Adult Lap	
	9:00-10:00 Layton PT	9:15-11:45	9:00-11:00	9:30-11:15	9:00-10:00 Layton PT	9:15-12:00	10:15-11:45 Adult Lap
	10:30-11:15 Deep Water Jog	Swim Lessons	CLEANING	Open Swim	10:30-11:15 Deep Water Jog	Lessons	
	11:30-1:15 Adult Lap	11:45-1:15 Adult Lap	11:00-1:00 Adult Lap	11:30-1:15 Adult Lap	11:30-1:15 Adult Lap		12:00-1:30
	1:15-2:15 Water Movement	1:15-2:15 Silver Sneaker Splash	1:15-2:15 Aqua Cycle	1:15-2:15 Silver Sneaker Splash	1:15-2:15 Water Movement	12:15-3:00	
	2:30-4:00 Afterschool	2:30-4:00 Afterschool	2:30-3:30 Layton PT	2:30-4:00 Afterschool	2:30-3:40 Afterschool	Open Swim	Open Swim
	4:00-6:30	4:00-5:00 Open Swim	4:00-6:30	4:00-5:00 Open Swim	4:00-6:30		
	Open Swim	5:00-6:45 Swim Lessons	Open Swim	5:00-6:45	Open Swim	CLOSED	
	6:30-7:15 Deep Water Bootcamp	7:00-8:45	6:45-7:30 Aqua HITT	7:00-8:45	6:45-8:45		
	7:30-8:45 Adult Lap	Adult Lap	7:30-8:45 Adult Lap	Adult Lap	Adult Lap		

**East End YMCA**

730 North Lake Street, Madison, OH 44057

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