



YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

REC POOL SCHEDULE

May 3- May 23, 2026

Note: Schedule subject to change.

Starting Saturday May 23 at 2pm-into June- rec pool closed for yearly cleaning and maintenance.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	7:00-8:00 Adult Open
	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	8:00-8:45 Water Fitness*
	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness- Strength	9:00-9:45 Water Fitness	9:00-10:45am shallow area of main pool and play feature CLOSED for parent/child
10:15-3:30 Open Swim (No basketball until 12pm)	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Water Fitness- Functional	10:00-10:45 Arthritis	9:00-10:45am Adult Open Half of pool (no basketball)
	11:00-12:00 Open	11:00-11:45 Yoga/Pilates	11:00-12:00 Open	10:45-11:10 shallow area of main pool closed for parent/child 11:10-11:45 Lessons in bench area- area CLOSED	11:00-12:00 Open	
3:30 POOL/ SAUNA/ STEAM closed	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	12:00- 4:30 Open Swim	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	11:00-4:30 Open Swim	12:00-1:00 Adult Open/ Lap 12:30-1:15 Adult volleyball	11:00-3:00 Open
Open Swim Parents (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deep area without a parent.	1:00-2:00 Open		1:00-2:00 Open		1:00-2:00 Open	
	2:00-2:45 Arthritis	2:00-2:45 Arthritis	2:00-2:45 Arthritis	2:00-2:45 Arthritis		
	3:00-4:30 Open	3:00-4:30 Open	3:00-4:30 Open	3:00-8:30 Open Swim	3:00-4:00 Rental Pool Closed	
	4:30-7:05 Swim Lessons	4:30-6:00 SAW 6:00-7:05 Swim Lessons	4:30-7:05 Swim Lessons		4:30-6:00 SAW 6:00-6:50 Swim Lessons	4:00-5:30 Open Swim
	7:15- 8:00 Water Fitness	7:15-8:00 Aqua Drumming	7:15- 8:00 Water Fitness- Tabata	7:00-8:30 Open Swim	5:30 POOL/ SAUNA/ STEAM closed	
	8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:00-8:30 Open Swim			
	8:30 Pool/Sauna/Steam Closed					

Shaded Areas

Times shaded in blue means the WHOLE pool is closed for the program/rental.

Times shaded in green means main pool area is closed for programming. Members may use the smaller area with the bench and the play-feature area (but will not be turned on) during these times. We just ask that members be respectful of the noise level during these times as to not disturb the program in the main part of the pool.

Times shaded in yellow means areas of the pool are closed during that time to members.

*No water fitness class on Saturday May 23