



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# FITNESS STUDIO CIRCUIT CLASS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b><u>MARCH 1</u></b>  <b>TO</b>  <b><u>MARCH 31</u></b></p> <p><b>FITNESS STUDIO IS CLOSED 15 MINUTES BEFORE AND 15 MINUTES AFTER SCHEDULE CLASS TIME.</b></p> <p><b>\$5 MEMBERS</b></p> <p><b>\$10 FOR NON-MEMBER</b></p> <p>Please leave bags and coats in locker</p>	<p>9:00am to 9:45am</p> <p>Circuit Challenge Teresa</p>	<p>8:00am to 8:45am</p> <p>Circuit Challenge Nikki</p>		<p>8:30am to 9:15am</p> <p>Circuit Challenge Lyndsay</p>		<p>9:00am to 9:45am</p> <p>Circuit Challenge Tony</p>	
		<p>6:00pm to 6:45pm</p> <p>Circuit Challenge Teresa</p>		<p>6:00pm to 6:45pm</p> <p>Circuit Challenge Tony</p>			



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