



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH PROGRAMMING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Session: March 9th – May 2nd (Dance runs until Recital June 13th)</p> <p>Registration Begins Feb 20th</p> <p>The following classes are weekly registrations: *Little Ones & Loved Ones *Tunes & Tumbling for Tots *Art Explorers *All About Sports *STEM</p> <p>All other classes are 8 week sessions</p> <p>Please bring a change of shoes to wear in the gym</p> <p>Appropriate shoes must be worn for dance classes</p> <p>Ages are recommendations and may be adjusted</p>	*10:00-10:45 Little Ones & Loved Ones Ages 0-2 Program Studio	9:30-10:15 Homeschool Gym & Swim Ages 7-15 Gym				9:45-10:30 Pre-Dance Ages 3-5 Springer Room
	*10:45-11:30 Tunes & Tumbling for Tots Program Studio	10:30-11:15 Homeschool Gym & Swim Ages 3-6 Gym		4:15-5:00 Ballet/Jazz I Program Studio		9:45-10:30 Intermediate POM Program Studio
	4:15-5:00 Tap I Springer Room	4:00-4:45 Tunes & Tumbling for Tots Program Studio		5:00-5:45 Ballet/Jazz II Program Studio		10:30-11:30 Junior Elite Program Studio
	5:00-5:45 Tumbling Ages 5-9 Gym	5:00-6:00 Beginner Acro Program Studio	5:00-5:45 Basketball Ages 5-9 Gym	*5:15-6:00 All Sports Ages 3-5 Gym	4:15-5:00 Hip Hop I Program Studio	11:30-12:30 Teen Elite Program Studio
	5:00-5:45 Flag Football Ages 3-6 Gym	*5:00-5:45 Art Explorers Ages 3-5 Upstairs Classroom	5:00-5:45 Volleyball Ages 10-13 Gym	5:15-6:00 Beginner Tumbling Ages 5-9 Gym	5:00-5:45 Beginner POM Program Studio	12:30-1:30 Mini Elite Program Studio
	6:00-6:45 Kickball Ages 7-11 Gym	*6:00-6:45 Art Explorers Ages 6-10 Upstairs Classroom	5:45-6:30 Basketball Ages 5-9 Gym	*6:00-6:45 All Sports Ages 6-9 Gym	*5:00-5:45 STEM Ages 8-10 Upstairs Classroom	
	7:00-8:00 Advanced Acro Program Studio	6:00-7:00 Solo/Duo/Trio Choreography Program Studio	5:45-6:30 Volleyball Ages 6-9 Gym	6:00-6:45 Intermediate Tumbling Gym	5:45-6:30 Hip Hop II Springer Rm	
	7:00-7:45 Tap III Springer Room	7:00-8:00 Team Technique Program Studio	5:45-6:30 Ballet/Jazz III Program Studio	6:15-7:00 Tap II Springer Room		
	7:45-8:30 Tap IV Springer Room		6:30-7:15 Flag Football Ages 7-11 Gym	7:00-7:45 Hip Hop III Program Studio		
	7:45-8:45 Intermediate Acro Program Studio		6:45-7:45 Ballet/Jazz IV Program Studio	7:45-8:30 Hip Hop IV Program Studio		

East End YMCA

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