

INSTRUCTIONAL (Small) POOL SCHEDULE

March 1-31st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
10:15-3:45pm Family Swim	9:00-11:30am CLOSED: Program	9:00-11:30am CLOSED: Program	9:00- 11:00am CLOSED: Program	9:00-11:00am CLOSED: Program	9:00-11:00am CLOSED: Program	
	11:30-1:00pm Open Swim	11:30-1:00pm Open Swim	11:00-2:00pm Open swim	CLOSED	11:00-noon open Swim	
	Closed	closed	Closed		3/6: 11-Noon CLOSED: Program	Closed
	3:00-7:30pm Open Swim	3:00-5:30pm Open Swim	4:00-5:00pm Open Swim	3:00-5:00pm Open Swim	Noon-2pm Open Swim	
		5:30-7:30pm Closed: Swim Lessons	5:00-6:30pm CLOSED: Swim Lessons	5:00-7:00pm	2:00-3:00pm Closed	
	7:30-8:45pm Adult open	7:30-8:45pm Adult Open	6:30-8:00pm Open Swim	7:00-8:45pm Adult Open	3:00-8:00pm Open Swim	
			8:00-8:45pm Adult Open		8:00-8:45pm Adult Open	

ALL POOLS CLOSED: ANNUAL SYNCHONIZED SWIM SHOW MARCH 6-8th check for pool closures

- March 16-20- SDO shared pool from 2:30-3:30pm
- March 16-20 Lifeguard Class shared pool from 5-8:30pm
- March 23-27 SDO shared pool from 2:30-3:30pm
- March 23-27 Lifeguard class shared pool from 5-8:30pm

Shaded Areas indicate registration is required, all other areas indicate space availability is on a first come basis.

Lap Swim: Lanes available on a first come basis.

Family Swim: The pool will be divided shallow to deep. Parents must remain with their children.

For your safety:

Children under 6 years old must have a parent in the water within arm's reach for the duration of open swim.

Ages 6-9 must be accompanied by an adult in the water. After passing the swim test, an adult must remain in the pool area.

Ages 10-13 are allowed only in the shallow water until swim test is passed.

Flotation Devices must be Coast Guard approved.

Swim Test Policy: All children ages 13 and under must pass a safety swim test to swim in the deep area.

Lifeguards, at their discretion, can test others.

POOLS CLOSED: pool area is closed including the whirlpool, instructional pool and main pool

For Up to Date information on Open Swim, Family Swim and Lap Swim times, visit our online calendar <https://www.lakecountymymca.org/centralymainpoolschedule>

updated: 2/17/25 AS