



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

## FEBRUARY 2026

This schedule is subject to change.

### Shaded Areas

indicate program times where pool is closed.

### Adaptive Aquatics

For individuals with special needs. Free to the community. Supervision required.

### Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 18 & up.

### Teen Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 13-18. Adults welcome.

### Teen & Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 13 & up.

### Open Swim

Pool divided between shallow & deep end. Open to all.

### Deep Water Test

Must be taken by anyone under 18 years of age to swim in the deep end.

### For your safety

Children under 6 years old must have a parent in the water within arm's reach for the duration of open swim.

### Flotation Devices

Use of non-Coast Guard approved flotation devices is strictly prohibited.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	6:15-8:00 Adult Lap	
8:15-9:00 Aquacise	8:15-9:00 Aqua HIIT	8:15-9:00 Aquacise	8:15-9:00 Aqua Kickboxing	8:15-9:00 Aquacise	8:00-8:45 Aqua Cycle	
9:00-10:00 Layton PT	9:15-11:45	9:15-11:00	9:15-10:00 H2O Body Sculpt & Resistance	9:00-10:00 Layton PT	9:15-12:00	10:15-12:00 Adult Lap
10:30-11:15 Deep Water Jog	Swim Lessons	Safety Around Water (SAW)	10:00-1:30	10:30-11:15 Deep Water Jog	Swim Lessons	
11:30-1:30 Adut Lap	11:45-1:15 Adult Lap	11:30-1:15 Adult Lap	Adult Lap	11:30-1:15 Adult Lap		12:15-3:00
1:30-2:15 Water Movement	1:15-2:15 Silver Sneaker Splash	1:30-2:20 Aqua Cycle	1:30-2:15 Silver Sneaker Splash	1:15-2:15 Water Movement		12:15-3:00
2:30-4:00 Afterschool	2:30-4:00 Afterschool	2:30-3:30 Layton PT	2:30-4:00 Afterschool	2:30-3:40 Afterschool	Open Swim	Open Swim
4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 MHS Swim Team		
5:15-6:30 Otters Swim Team	5:00-6:45 Swim Lessons	5:15-6:30 Otters Swim Team	5:00-6:45 Swim Lessons	5:15-6:45 Otters Swim Team	CLOSED	
6:30-7:15 Deep Water Bootcamp	6:45-7:45 Otters Swim Team	6:45-7:30 Aqua HITT	6:45-7:45 Otters Swim Team	6:45-7:30 Open Swim		
7:30-8:45 1/2 Adult Lap 1/2 MHS Swim Team	7:45-8:45 Adult Lap					

### East End YMCA

730 North Lake Street, Madison, OH 44057

P 440 428 5125 lakecountyyymca.org



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