



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

FEBRUARY 2026

This schedule is subject to change.

Shaded Areas

indicate program times where pool is closed.

Adaptive Aquatics

For individuals with special needs. Free to the community. Supervision required.

Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 18 & up.

Teen Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 13-18. Adults welcome.

Teen & Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 13 & up.

Open Swim

Pool divided between shallow & deep end. Open to all.

Deep Water Test

Must be taken by anyone under 18 years of age to swim in the deep end.

For your safety

Children under 6 years old must have a parent in the water within arm's reach for the duration of open swim.

Flotation Devices

Use of non-Coast Guard approved flotation devices is strictly prohibited.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	6:15-8:00 Adult Lap	10:15-12:00 Adult Lap
8:15-9:00 Aquacise	8:15-9:00 Aqua HIIT	8:15-9:00 Aquacise	8:15-9:00 Aqua Kickboxing	8:15-9:00 Aquacise	8:00-8:45 Aqua Cycle	
9:00-10:00 Layton PT	9:15-11:45 Swim Lessons	9:15-11:00 Safety Around Water (SAW)	9:15-10:00 H2O Body Sculpt & Resistance	9:00-10:00 Layton PT	9:15-12:00	12:15-3:00
10:30-11:15 Deep Water Jog			10:00-1:30	10:30-11:15 Deep Water Jog	Swim Lessons	
11:30-1:30 Adult Lap	11:45-1:15 Adult Lap	11:30-1:15 Adult Lap	Adult Lap	11:30-1:15 Adult Lap	Open Swim	Open Swim
1:30-2:15 Water Movement	1:15-2:15 Silver Sneaker Splash	1:30-2:20 Aqua Cycle	1:30-2:15 Silver Sneaker Splash	1:15-2:15 Water Movement		
2:30-4:00 Afterschool	2:30-4:00 Afterschool	2:30-3:30 Layton PT	2:30-4:00 Afterschool	2:30-3:40 Afterschool	CLOSED	
4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 MHS Swim Team		
5:15-6:30	5:00-6:45 Swim Lessons	5:15-6:30	5:00-6:45	5:15-6:45		
Otters Swim Team	6:00-6:45 Aquacise	Otters Swim Team	Swim Lessons	Otters Swim Team		
6:30-7:15 Deep Water Bootcamp	6:45-7:45 Otters Swim Team	6:45-7:30 Aqua HIIT	6:45-7:45 Otters Swim Team	6:45-7:30 Open Swim		
7:30-8:45 ½ Adult Lap ½ MHS Swim Team	7:30-8:45 ½ Adult Lap ½ MHS Swim Team	7:30-8:45 ½ Adult Lap ½ MHS Swim Team	7:30-8:45 ½ Adult Lap ½ MHS Swim Team	7:45-8:45 Adult Lap		

East End YMCA

730 North Lake Street, Madison, OH 44057

P 440 428 5125 lakecountyymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE
