



YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

REC POOL SCHEDULE

Dec 28 – Jan 3, 2026

Note: Schedule subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	YMCA Closed 12/31	YMCA Closed 1/1	5:15-7:30 Adult Lap	7:00-9:00 Adult Open	
	7:30-9:00 Adult Open	7:30-10:00 Adult Open			7:30-10:00 Adult Open		
	9:15-10:00 Water Fitness	9:15-10:00 Water Fitness				9:00-10:30 Lap Swim	
10:15-3:30 Open Swim	10:00-12:00 Open <i>*10:15-11:15 School Day Off kids in pool</i>	10:00-12:00 Open <i>*10:15-11:15 School Day Off kids in pool</i>			10:00-12:00 Open <i>*10:00-11:00 School Day Off kids in pool</i>	10:30-3:00 Open Swim	
3:30 POOL/ SAUNA/ STEAM closed	12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball	12:00- 6:15 Open Swim			12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball		
Open Swim Parents (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deep area without a parent.	1:00-2:00 Open	6:30-7:15 Swim Team	8:30 Pool/Sauna/Steam Closed				3:00-4:00 Rental Pool Closed
	2:00-2:45pm Arthritis						4:00-5:30 Open Swim
	3:00-8:30 Open						5:30 POOL/ SAUNA/ STEAM closed
Shaded Areas Indicates program times where pool is closed for programs or rentals. During classes the play feature area will not be turned on. The smaller area is open for people to enjoy being respectful of the noise level as to not disturb the class in the main part of the pool.							
Special Programs/Activities							
School Day off kids in pool Dec 29, 30, Jan 2							