



YOUTH DEVELOPMENT®  
HEALTHY LIVING  
SOCIAL RESPONSIBILITY

# COMP POOL SCHEDULE- Lap Swim

## Nov 2 – Nov 29, 2025

**Note:** Schedule subject to change (also see below for more info).

| Lap Swim– Available lap lanes shown. Lap lanes are to be shared when people are waiting.                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                 |                                                                     |                                                                     |                                                                     |                                                                 |                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|
| SUNDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | MONDAY                                                          | TUESDAY                                                             | WEDNESDAY<br>(meet info below)                                      | THURSDAY                                                            | FRIDAY                                                          | SATURDAY<br>(meet info below)                                     |
| CLOSED                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 5:30–7:00a<br>HS Swim Team<br>No Lanes                          | 5:15–9:00a<br>Lap Swim<br>Lanes 1–8                                 | 5:30–7:00a<br>HS Swim Team<br>No Lanes                              | 5:15–9:00a<br>Lap Swim<br>Lanes 1–8                                 | 5:30–7:00a<br>HS Swim Team<br>No Lanes                          | CLOSED                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 7:00a–2:30p<br>Lap Swim<br>Lanes 1–8                            |                                                                     | 7:00a–10:15a<br>Lap Swim<br>Lanes 1–8                               |                                                                     | 7:00a–2:30p<br>Lap Swim<br>Lanes 1–8                            | 7:00–11:00a<br>HS Swim Team<br>(North/South)                      |
| 10:15–11a<br>Lap Swim<br>Lanes 1–6<br>Water Polo<br>Lanes 7–8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                 | 9:00–10:00a<br>Lap Swim<br>Lanes 1–5<br>Deep Jog Class<br>Lanes 6–8 | 10:15–11:00a<br>Lap Swim<br>Lanes 1–6<br>Water Fitness<br>Lanes 7–8 | 9:00–10:00a<br>Lap Swim<br>Lanes 1–5<br>Deep Jog Class<br>Lanes 6–8 |                                                                 | No Lanes                                                          |
| 11a–3:30p<br>Lap Swim<br>Lanes 1–8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                 | 10:00a–2:30p<br>Lap Swim<br>Lanes 1–8                               | 11:00a–2:30p<br>Lap Swim<br>Lanes 1–8                               | 10:00a–2:30p<br>Lap Swim<br>Lanes 1–8                               |                                                                 | 11:00a–1:00p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8 |
| 3:30p<br>POOL CLOSED                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 2:30–6:30p<br>HS Swim Team<br>(South/North)                     | 2:30–6:30p<br>HS Swim Team<br>(South/North)                         | 2:30–6:30p<br>HS Swim Team<br>(South/North)                         | 2:30–6:30p<br>HS Swim Team<br>(South/North)                         | 2:30–6:30p<br>HS Swim Team<br>(South/North)                     | 1:00–5:30p<br>Lap Swim<br>Lanes 1–8                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | No Lanes                                                        | No Lanes                                                            | No Lanes                                                            | No Lanes                                                            | No Lanes                                                        |                                                                   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 6:30–8:30p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8 | 6:30–8:30p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8     | 6:30–8:30p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8     | 6:30p–8:30p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8    | 6:30–8:30p<br>Lap Swim<br>Lanes 1–2<br>Y Swim Team<br>Lanes 3–8 | 5:30p<br>POOL CLOSED                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 8:30 PM POOL CLOSED                                             |                                                                     |                                                                     |                                                                     |                                                                 |                                                                   |
| <b>Deep Water Test</b><br>Safety requirement for kids 6–13 years old to swim in Competition pool. Can be given to people older than 13 if there is a concern about the person’s swim ability (guard’s discretion).                                                                                                                                                                                                                                                                                                                                        |                                                                 |                                                                     |                                                                     |                                                                     |                                                                 |                                                                   |
| <b>Swim Meets / Pool Availability Changes:</b><br>Saturday– November 22– Y Swim Meet – pool closed 12–6pm<br>Wednesday– November 26– South Home Swim Meet– pool closed 5pm–8:30pm<br><b>Lifeguard inservices:</b><br>Tuesday November 4 from 11a–1p– using lanes 7–8<br>Saturday November 15 from 1–3p using lanes 7–8<br>Thursday November 20 from 7–9p– using lanes if no member swimmers– otherwise using rec pool<br>Sunday– November 23 from 1–3p– using lanes 7–8<br><b>POOL CLOSED:</b> Thursday 11/27 and Friday 11/28– Y Closed for Thanksgiving |                                                                 |                                                                     |                                                                     |                                                                     |                                                                 |                                                                   |