



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

November 2025

The schedule is subject to change.

Shaded Areas

indicate program times where pool is closed.

Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 18 & up.

Teen Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 13-18. Adults welcome.

Adult Lap Swim

Circle swim directed by the Lifeguard on duty. Ages 16 & up.

Open Swim

Pool divided between shallow & deep end. Open to all.

Deep Water Test

Must be taken by anyone under 18 years of age to swim in the deep end.

For your safety

Children under 6 years old must have a parent in the water within arm's reach for the duration of open swim.

Flotation Devices

Use of non-Coast Guard approved flotation devices is strictly prohibited.

Pool Closed

11/1 – Fit Fest
11/8 – Swim Meet
11/27 – Thanksgiving
11/28 – Black Friday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	6:15-8:00 Adult Lap	
8:15-9:00 Aquacise	8:15-9:00 Aqua HIIT	8:15-9:00 Aquacise	8:15-9:00 Aqua Kickboxing	8:15-9:00 Aquacise	8:00-8:45 Aqua Cycle	
9:00-10:00 Layton PT	9:15-11:45 Swim Lessons	9:00-11:30 Safety Around Water (SAW)	9:15-10:00 H2O Bodysculpt & Resistance	9:00-10:00 Layton PT	9:15-12:00 Swim Lessons	
10:30-11:15 Deep Water Jog				10:30-11:15 Deep Water Jog		
11:30-1:15 Adult Lap			11:45-1:15 Adult Lap	11:30-1:15 Adult Lap		10:30-1:15 Adult Lap
1:30-2:15 Silver Sneakers Splash	1:30-2:15 Adult Water Exercise	1:30-2:15 Aqua Cycle	1:30-2:15 Silver Sneakers Splash	1:30-2:15 Water Movement	12:15-3:00 Open Swim	10:15-12:00 Adult Lap
2:30-4:00 Afterschool	2:30-4:00 Afterschool	2:30-3:30 Layton PT	2:30-4:00 Afterschool	2:30-4:00 Afterschool		
4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 Open Swim	4:00-5:00 MHS Swim Team	CLOSED	12:15-3:00 Open Swim
5:15-6:30 Otters Swim Team	5:00-6:45 Swim Lessons	5:15-6:30 Otters Swim Team	5:00-6:45 Swim Lessons	5:15-6:45 Otters Swim Team		
	6:00-6:45 Aquacise					
6:30-7:15 Deep Water Bootcamp	6:45-7:45 Otters Swim Team	6:45-7:30 Aqua Zumba	6:45-7:45 Otters Swim Team	6:45-7:30 Open Swim		
7:30-8:45 ½ Adult Lap ½ MHS Swim Team	7:45-8:45 ½ Adult Lap ½ MHS Swim Team	7:45-8:45 ½ Adult Lap ½ MHS Swim Team	7:45-8:45 ½ Adult Lap ½ MHS Swim Team	7:45-8:45 Adult Lap		

East End YMCA

730 North Lake Street, Madison, OH 44057

P 440 428 5125 lakecountyymca.org