



YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

REC POOL SCHEDULE

Sept 1 – Oct 4, 2025

Note: Schedule subject to change.

<div><div>Shaded Areas</div><div>Indicates program times where pool is closed for programs or rentals. During classes the play feature area will not be turned on. The smaller area is open for people to enjoy being respectful of the noise level as to not disturb the class in the main part of the pool. During swim lessons the play feature area is closed along with the rest of the pool.</div><div>Open Swim</div><div>Parents (guardian) must be in the water by their child if they are 5 and under. If child is 6-9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deeper area without a parent .</div></div>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	7:00-8:00 Adult Open	
		7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	8:00-8:45 Water Fitness Variety	
		9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	900-9:45 Water Fitness	9:00-12:00 Swim Lessons	
	10:15-3:30 Open Swim	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis 10:40-11:10 Parent/Child class	10:00-10:45 Arthritis		12:00-3:00 Open Swim
		11:00-12:00 Open	11:00-11:45 Yoga/Pilates	11:00-12:00 Open	11:00-4:30 Open Swim	11:00-12:00 Open**		
		12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball	12:00- 4:30 Open Swim	12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball		12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball		
		1:00-2:00 Open		1:00-2:00 Open		1:00-2:00 Open		
		2:00-2:45 Arthritis		2:00-2:45 Arthritis		2:00-2:45 Arthritis		
		3:00-4:30 Open		3:00-4:30 Open		3:00-8:30 Open Swim	3:00-4:00 Rental Pool Closed	
		3:30 POOL/ SAUNA/ STEAM closed	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons		4:30-7:00 Swim Lessons	
	7:15- 8:00 Water Fitness		7:15-8:00 Water Fitness Variety	7:15- 8:00 Water Fitness- Tabata	7:00-8:30 Open Swim	5:30 POOL/ SAUNA/ STEAM closed		
	8:00-8:30 Open Swim		8:00-8:30 Open Swim	8:00-8:30 Open Swim				
	8:30 Pool/Sauna/ Steam Closed		8:30 Pool/Sauna/ Steam Closed	8:30 Pool/Sauna/ Steam Closed			8:30 Pool/Sauna/ Steam Closed	
	<div><div></div><div>Monday Sept 1- pool closed (Y closed) for Labor Day</div><div>** CARES kids in shallow half of pool on Sept 5, Oct 3</div></div>							

- Monday Sept 1- pool closed (Y closed) for Labor Day
- ** CARES kids in shallow half of pool on Sept 5, Oct 3