



YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

COMP POOL SCHEDULE- Lap Swim

Sept 1- Oct 4, 2025

Note: Schedule subject to change (also see below for more info).

Lap Swim- Available lap lanes shown. Lap lanes are to be shared when people are waiting. Lanes not listed are being used for programming.						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	5:15a-5:30p Lap Swim Lanes 1-8	5:15-9:00a Lap Swim Lanes 1-8	5:15a-4:00p Lap Swim Lanes 1-8 **	5:15-9:00a Lap Swim Lanes 1-8	5:15a-5:00p Lap Swim Lanes 1-8 **	CLOSED
		9:00-10:00a Lap Swim Lanes 1-5		9:00-10:00a Lap Swim Lanes 1-5		7:00-9:00a Lap Swim Lanes 1-8
10:15-3:30p Lap Swim Lanes 1-8		10:00a-5:00p Lap Swim Lanes 1-8		10:00a-4:30p Lap Swim Lanes 1-8		9:00-10:00a Lap Swim Lanes 2-8
			4:00-5:15pm Lap Swim Lanes 2-7			4:30-5:30 Lap Swim Lanes 2-8
3:30 POOL CLOSED	5:45p-7p Lap Swim Lanes 3-8	5:00-7:30p* Lap Swim Lanes 2-3	5:15-8:30p Lap Swim Lanes 1-8	5:30p-7:30p* Lap Swim Lanes 1-3	5:00p-8:30p Lap Swim Lanes 1-8	5:30p POOL CLOSED
	7:00-8:30p Lap Swim Lanes 1-8	7:30-8:30p Lap Swim Lanes 1-8		7:30p-8:30p Lap Swim Lanes 1-8		
	8:30 PM POOL CLOSED					
Programs/Activities Deep Water Jog: (T/Th 9:15-10am) Swim Lessons: (M 5:45-7pm, T 5-6pm, W 4:30-5:15pm, Sat 9-10:15am) *Stroke Clinic and Endurance Conditioning for Swim Team: (T/Th 5:30-7:30pm, Sat 11-1pm, Sept 9-27) HS use: (10-11am Saturdays 9/13-9/27, W 4-5pm) **HS Stroke Clinic (M/W/F 5:30-7am starting Oct 1) Lifeguard Inservices- Dates/Times TBD- 2 lanes used						
Deep Water Test Required for kids 6-13 years old. Can be given to people older than 13 if there is a concern about the person’s swim ability (guard’s discretion). Test only given by down guard when available. Once completed and passed, on future visits get a wristband from the Welcome Center to swim in the competition pool.						