

## YOUTH DEVELOPMENT ® HEALTHY LIVING SOCIAL RESPONSIBILITY

## **REC POOL SCHEDULE**

## Jun 1- Aug 2, 2025

Note: Schedule subject to change.							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Shaded Areas Indicates program times where pool is closed for programs or rentals. During classes the play feature area will not be turned on. The smaller area is open for people to enjoy being respectful of the noise level as to not disturb the class in the main part of the pool. During swim lessons the play feature area is closed along with the rest of the pool. <b>Open Swim</b> Parents (guardian) must be <b>IN</b> the water by their child if they are 5 and under. If child is 6- 9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be	CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	CLOSED
		7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:15-8:55 Adult Open
		9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	900-9:45 Water Fitness	- 9:00-12:00 Swim Lessons
		10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	
		11:00-12:00 Open Swim	11:00-11:45 Aqua Yoga/Pilates	11:00-12:00 Open Swim	11:00-1:30 Open Swim	11:00-12:00 Open Swim	
		12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball	12:00- 4:30% Open Swim %Y campers in water from 1:30- 2:30pm	12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball		12:00-1:00 Adult Open/ Lap 12:30-1:15 volleyball	12:00-3:30 Open Swim
		1:00-2:00 Open 2:00-2:45 Arthritis		1:00-2:00 Open 2:00-2:45 Arthritis	1:30-3:00 POOL CLOSED FOR CAMP	1:00-2:00 Open 2:00-2:45 Arthritis	
		3:00-4:30 Open Swim		3:00-4:30 Open Swim	3:00-4:30 Open Swim	3:00-8:30 Open Swim	3:30 Pool/ Sauna/ Steam CLOSED
		4:30-7:00 *Swim Lessons	4:30-7:00 *Swim Lessons	4:30-7:00 *Swim Lessons	4:30-7:00 Teen, Adult, Parent Child Swim Lessons		
		7:15- 8:00 Water Fitness 8:00-8:30	7:00-8:30 Open Swim	7:15- 8:00 Water Fitness 8:00-8:30	7:00-8:30 Open Swim		
		Open Swim		0pen Swim 8:30			
in the deeper area without a parent .							

\*Swim lessons start the week of June 9- Open Swim June 2-4 (4:30-7pm) During swim lessons, pool is closed to everyone but participants in the swim lesson program.