



YOUTH DEVELOPMENT®
HEALTHY LIVING
SOCIAL RESPONSIBILITY

POOL SCHEDULE

July 1, 2025 – July 31, 2025

Note: Pool Closed July 4th; Pool schedule subject to change

Shaded Areas Indicates program times where pool is closed for programs or rentals. Deep Water Test Required for 13 years and younger. Test will be given at the beginning of open swim. Once completed get wristband from the Welcome Center to swim in deep water. Open Swim Available to all. 9 and younger must have adult present in pool. 13 and younger require deep water test to swim in deep end. Pool will be available for laps at the lifeguard's discretion. Adult Lap Swim Open for continuous lap swimming age 16+ Circle swimming will be enforced at the discretion of the lifeguard. Adult Water Exercise Open for water walking or stationary exercise	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	CLOSED	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	5:15-8:00 Adult Lap	7:15-8:00 Adult Lap
		8:15-9:00 Aquacise	8:15-9:00 Aqua HIIT	8:15-9:00 Aquacise	8:15-9:00 Aqua Kickboxing	8:15-9:00 Aquacise	8:00-8:45 Aqua Cycle	
		9:00-10:00 Layton PT	9:15-10:00 Aqua Step	9:00-11:15 Pool Closed	9:15-11:15 Swim Lessons	9:00-10:00 Layton PT	9:00-11:15 Swim Lessons	
		10:30-11:15 Deep Water Jog	10:30-11:45 Swim Lessons			10:30-11:15 Deep Water Jog	11:30-3:00 Open Swim	
		11:30-1:15 Adult Lap	11:45-1:15 Adult Lap	11:30-1:15 Adult Lap	11:30-1:15 Adult Lap	11:30-1:15 Adult Lap		
		1:30-2:15 Silver Sneakers Splash	1:30-2:15 Adult Water Exercise	1:30-2:15 Aqua Cycle	1:30-2:15 Silver Sneakers Splash	1:30-2:15 Water Movement		
		2:30-6:15 Open Swim	2:30-4:00 Day Camp	2:30-3:30 Layton PT	2:30-4:00 Day Camp	3:00-6:00 Open Swim	CLOSED	
				4:00-5:00 Open Swim	4:00-5:00 Open Swim			
				5:00-6:00 Swim Lessons	5:00-6:45 Swim Lessons			
				6:00-6:45 Aquacise				
		6:30-7:15 Deep Water Bootcamp	6:45-7:30 ½ Open Swim ½ Swim Lesson	6:45-7:30 Aqua Zumba	6:45-7:30 ½ Open Swim ½ Swim Lesson	6:30-7:30 Open Swim		
7:30-8:45 Adult Lap	7:45-8:45 Adult Lap	7:45-8:45 Adult Lap	7:45-8:45 Adult Lap	7:45-8:45 Adult Lap				

East End YMCA

730 North Lake Street, Madison, OH 44057

P 440 428 5125 www.lakecountyyymca.org