



YOUTH DEVELOPMENT®  
HEALTHY LIVING  
SOCIAL RESPONSIBILITY

# REC POOL SCHEDULE

## March 30, 2025 – May 3, 2025

**Note: Schedule subject to change.**

<div>Shaded Areas</div> <div>Indicates program times where pool is closed for programs or rentals. During classes the play feature area will not be turned on. The smaller area is open for people to enjoy being respectful of the noise level as to not disturb the class in the main part of the pool. During swim lessons the play feature area is closed along with the rest of the pool.</div> <div>Open Swim</div> <div>Parents (guardian) must be in the water by their child if they are 5 and under. If child is 6–9 years old, a parent should be in the water with child, or child should stay in shallow area of rec pool with parent watching. If child needs a lifejacket, they should not be in the deeper area without a parent .</div>	SUNDAY**	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY**	SATURDAY	
	CLOSED	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	5:15-7:30 Adult Lap	CLOSED
		7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:30-9:00 Adult Open	7:00-8:55 Adult Open
		9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-9:45 Water Fitness	9:00-12:00 Swim Lessons
	10:15-3:30 Open Swim	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis	10:00-10:45 Arthritis 10:30-11:15 Parent/Child class	10:00-10:45 Arthritis	
		11:00-12:00 Open	11:00- 4:30 Open Swim	11:00-12:00 Open	11:00-4:30 Open Swim	11:00-12:00 Open*	12:00-3:00 Open Swim	
		12:00-1:00 Adult Open/ Lap		12:00-1:00 Adult Open/ Lap		12:00-1:00 Adult Open/ Lap		
		12:30-1:15 volleyball		12:30-1:15 volleyball		12:30-1:15 volleyball		
		1:00-2:00 Open		1:00-2:00 Open		1:00-2:00 Open		
		2:00-2:45 Arthritis		2:00-2:45 Arthritis		2:00-2:45 Arthritis		
		3:00-4:30 Open***	3:00-4:30 Open	3:00-8:30 Open Swim	3:00-4:00 Rental Pool Closed			
	3:30 POOL/ SAUNA/ STEAM closed	4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons		4:30-7:00 Swim Lessons	4:30-7:00 Swim Lessons	4:00-5:30 Open Swim	
		7:15- 8:00 Water Fitness	7:15-8:00 Aqua Drumming		7:15- 8:00 Water Fitness- Tabata	7:00-8:30 Open Swim	5:30 POOL/ SAUNA/ STEAM closed	
		8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:00-8:30 Open Swim				
		8:30 Pool/Sauna/ Steam Closed	8:30 Pool/Sauna/ Steam Closed	8:30 Pool/Sauna/ Steam Closed	8:30 Pool/Sauna/ Steam Closed			

- \*Friday April 11- CARES kids 11am-12pm – shallow end of rec pool
- \*\*Friday April 18- YMCA Closed- POOL CLOSED
- \*\*Sunday April 20- YMCA Closed- POOL CLOSED
- \*\*\*Monday April 21- School Day Off kids- 3-4pm shallow end of rec pool
- Sunday April 27- Sensory Swim after hours

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**West End YMCA**

**36909 Ridge Rd, Willoughby OH**

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