

3/9/2025 to 3/15/2025

 **Rec. Y Pool**

	Sun 9	Mon 10	Tue 11	Wed 12	Thu 13	Fri 14	Sat 15
5 AM		Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	
6 AM							
7 AM							Adult Open
8 AM		Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	
9 AM		Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Swim Lessons- pool closed
10 AM	Open	Arthritis	Arthritis	Arthritis	Arthritis	Arthritis	
11 AM		Open	Yoga/Pilates	Open	Open	Open	
12 PM		Adult Open Swim - 2 lanes lap	Open	Adult Open Swim - 2 lanes lap		Adult Open Swim - 2 lanes lap	Open
1 PM		Open		Open		Open	
2 PM		Arthritis		Arthritis		Arthritis	
3 PM		Open		Open		Open	Rental- Pool Closed
4 PM	Pool/Sauna/Steam Closed				Teen Swim Lessons- pool closed		Open
5 PM		Swim Lessons- Pool closed	Swim Lessons- Pool closed	Swim Lessons- Pool closed	Adult Swim Lessons- pool		Pool/Sauna/Steam Closed
6 PM					Parent/Child Swim Lessons		
7 PM		Water Exercise	Aqua drumming	Water Exercise	Open		
8 PM		Open	Open	Open			
		Pool/Sauna/Steam Closed	Pool/Sauna/Steam Closed	Pool/Sauna/Steam Closed	Pool/Sauna/Steam Closed	Pool/Sauna/Steam Closed	